



VOLUNTEER
WITH FORÓIGE
TO SUPPORT
YOUNG PEOPLE.

HERE'S HOW...



LEAD +
INSPIRE

VOLUNTEER



IRELAND'S YOUTH LEADING ORGANISATION *

empowering youth
enriching communities
foróige

Foróige needs your help – Volunteer TODAY!

Foróige is Ireland's leading youth organisation making a real difference to tens of thousands of young people each year with thousands of adult volunteers of all ages – and we have room for more!

This is what we are about

Through our volunteer led clubs and targeted youth projects, we involve young people from the ages of 10 to 18 and sometimes older, enabling them to:

- › Make friends and have fun in a safe environment
- › Relate well with adults and contribute to the community
- › Learn important life skills for successful living
- › Develop values, views and beliefs
- › Deal with concerns and difficulties they may have

We have lots happening, so come and be part of the buzz that is Foróige. You can join us yourself or bring friends!

"It is so important to be there for them."
Eileen, Wexford

"They need adults who care, now more than ever."
John, Meath

"For me, leading the club is exhilarating."
Daniel, Cork



Roles working with young people

Lead a weekly youth group with other volunteers

We have hundreds of youth groups such as the Foróige Club for 12 to 18 year olds; Foróige Juniors for 10 and 11 year olds, Volunteer Youth Cafés and Interest Clubs for those with one main hobby like fishing, computers or dance.

Be a friend to one child/young person

The Foróige Big Brother Big Sister Programme involves you being supported to form a friendship with a young person who needs another adult in their lives.

5,000+
VOLUNTEERS



TALENT

ENERGY

TIME



Support a budding entrepreneur

If you have business skills or experience, the Foróige youth entrepreneurship programme - the Network for Teaching Entrepreneurship (NFTE) - might be just the thing for you.

Share your skills with your local Foróige group

Photography, carpentry, First Aid, sound engineering, DJ-ing, fashion design, makeup, teaching music, drama, catering, hair dressing, sports refereeing, painting, playing an instrument, coaching sport, cookery, film making or organising concerts – why not help a local Foróige group of young people to learn about your hobby? They will love it!

Facilitation with young people or adults

Facilitate programmes such as the Foróige Leadership or Foróige Citizenship with young people or train other adults to do so.

Homework or reading group

Help young people with their homework or reading skills in your local Foróige youth centre as part of a team of adults.

Support groups of adults

In some areas, we need facilitators for parents in parenting programmes, or in coping with their children's alcohol, drug or other problems.

Support Roles

These really important roles are also central to Foróige and may not involve working with young people.

The perfect role for you might be here...

- › Coordinate volunteers in a local Foróige centre
- › Bus drivers
- › Set up new Foróige youth groups
- › Organising rotas
- › Event management
- › Processing applications
- › Photographer at youth events
- › Office administration
- › Public relations/writing press releases
- › Maintenance/care taking
- › Social events organiser
- › First Aid giver or teacher
- › Be part of an advisory committee

Fundraising

Foróige aims to double the number of young people it reaches by 2020. Will you help us reach that goal? You could organise a fundraising event, make a donation or think about supporting our work in the future as part of a legacy gift you might make.

"The young people are so enthusiastic, it's great."
Annette, Dublin



Foróige's approach is to empower volunteers to make real difference.

ASK US ABOUT OTHER ROLES THAT MAY SUIT YOURS SKILLS

promote

nurture

LEARNING BY DOING

What next?

Contact the Foróige person below or email us volunteer@foroige.ie.

Our staff will guide you through how to get involved and support you to find the role that most suits you! Foróige will provide full training and support for you in your volunteering role.



"You can change a young person's life."
Bernadette, Roscommon



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