

GENDER & SEXUALITY

Get with the Terms!



Sexual Orientation/Sexuality

A person's sexual and/or romantic attraction to another person. It is distinct from sex, gender identity, and gender expression.

Gender Expression

The physical appearance/presentation of someone's gender identity through clothing, hairstyle, voice, etc.

Gender Identity

A person's internal sense of being male, female, neither, both or another gender.

Sex ASSigned At Birth

The assignment and classification of people as male or female at birth, often based on physical anatomy.

Lesbian

A woman who is exclusively attracted to other women.

Gay

A person who is exclusively attracted to people of the same gender.

BiSexual

A person who is attracted to more than one gender.

HetroSexual/Straight

A person who is exclusively attracted to the opposite gender.

ASexual

Someone who has little or no sexual attraction, or desire, for sexual relationships. An asexual person may still have romantic relationships.

PanSexual

An attraction to other people regardless of their gender expression or identity.

Transgender

People who do not identify with the sex assigned to them at birth.

TRANS BOY/MAN: A person who was assigned female at birth, but who lives as/identifies as male.

TRANS GIRL/WOMAN: A person who was assigned male at birth, but who lives as/identifies as female.

Non-Binary

An umbrella term for gender identities that fall outside of the traditional binary of male or female.

This includes individuals whose gender identity is a combination of male, female, and/or other genders.

Cisgender

Cis people identify with their sex assigned at birth.

InterSex

People who are born with a combination of male and female sex characteristics (such as chromosomes, genitals, and/or hormonal structure).

LGBTI

Lesbian, Gay, Bisexual, Transgender, Intersex.

All other spectrums of sexualities



and gender identities.



Pronouns

Are used to refer to someone in the third person. A person may choose to use different pronouns to that of the sex assigned at birth.



Ally

Someone who supports LGBTI+ people and challenges LGBTI+ phobia.

This list is not exhaustive. Every young person is unique and is in charge of their own labels, identity, and expression.

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